



Entrance Requirements And Student Manual

**Outer Banks Dare Challenge
PO Box 123
2263 NC Highway 325
Wanchese, NC 27981
252-473-6462
www.outerbanksdarechallenge.org**

What Dare Challenge Offers

- **Discipleship Courses**
- **Chapel – Praise & Worship**
- **Life Consulting/Biblical Coaching**
- **Prayer**
- **Devotions**
- **Work Ethic Training**
- **Recreation**
- **Dorm Living**
- **Meals**
- **Choir & Drama**
- **Church Attendance**
- **Opportunities For Evangelism/Outreach**
- **Social Skills Development – Fellowship**

Dare Challenge Mission Statement

To help people who have life-controlling problems, and initiate the discipleship process to the point where the student can function as a Christian in society, applying spiritually motivated Biblical principles to relationships in the family, local church, chosen vocation, and the community. Dare Challenge endeavor to help people become mentally sound, emotionally balanced, socially adjusted, physically well, and spiritually alive.

Entrance Requirements

These Requirements must be fulfilled prior to entrance into Dare Challenge

1. Males, ages 18 years and older with a drug or alcohol problem; other life-controlling problems (especially addicted to chemicals or other self-abusive behaviors) will be considered. Any male over 18 years old who is willing to commit to working our discipleship program who is not severely emotionally or intellectually handicapped in a way that would inhibit his participation and is not currently under the influence of mind or mood altering drugs will qualify for admittance. Persons ineligible for admissions will be referred to other more appropriate resources.
2. The individual desiring help must have a phone interview with the Director, Dustin Daniels; after he has read through the Entrance Requirement Packet (to see if he qualifies for the program).
3. Prospective clients must also have been detoxed, if needed, and sober upon admission. At the discretion of the Executive Director, a physical exam maybe performed after admission.
4. What does the program cost?
 - \$800 entrance fee (non-Refundable after admittance)
 - Dare Challenge will help each student establish a Good Samaritan Fund to help underwrite the cost for the ministry to operate while he is a resident (this is not a student fee).
 - Dare Challenge will assist each student in contacting interested parties (family, friends, church, etc.) who may be willing to help by making monthly donations to the Good Samaritan Fund.
5. While on the waiting list, the individual desiring help must call every Monday to secure his spot on the waiting list. If we don't hear from him on Monday's, he will either be dropped down a spot or be taken off the list entirely.
6. Each new student will be on a two-week trial period. If the student does not adhere to the rules of the program, he will be subject to dismissal.
7. Student must bring two forms of ID with him. A Social Security Card is mandatory and either a driver's license or picture ID. They will be kept in his file.

Outer Banks Dare Challenge

Introduction for Program Applicants

The Outer Banks Dare Challenge staff are pleased to hear you have recognized that your life is out of control and that you want to change. We are glad that you have considered the Dare Challenge program as a vehicle to help you change. Today there are many people like yourself who are living productive lives as a result of choosing Dare Challenge and fulfilling their commitment to complete the program.

It is our desire that you fully understand the Outer Banks Dare Challenge program prior to enrollment so you can be sure you are entering the right program.

Outer Banks Dare Challenge is based upon the fact that man's basic need is a relationship with God through Jesus Christ. People use drugs and alcohol in an attempt to fill the void in their lives that only Jesus can fill. When Jesus is genuinely received as Lord and Savior of a person's life, a total transformation will follow. By that we mean the person's life will radically change. Jesus is not just interested in whether or not you go to church or "have said a prayer". He must be Lord of all of your life. In fact, He will deal with your attitude and the motives of your heart.

Therefore, Outer Banks Dare Challenge is not a laid-back, glorified drop-in-center. It is a type of "Spiritual Boot Camp" for men that want to be free from life controlling habits and become alive in God. It will not be easy; in fact, completing the program (8-10 months) will probably be the toughest thing you have ever done in your life. Dare Challenge is governed by love, Tough Love. It is not always easy, soft love. At times, this love is demonstrated by staff members confronting you with things you don't want to hear. They are willing to risk temporary rejection because it is for your ultimate good. Our goal is not to pacify you or to try to make you happy, but rather to teach you how to live and walk with God. The Bible teaches that a happy, blessed life is a by-product of a right relationship with God.

Upon entering Dare Challenge, you will soon discover it is not the perfect place nor is it full of perfect, easy-to-get-along-with people. There are 8 students in the program and most of them have as many problems, bad habits, and defense mechanisms as you do. However, there is no better place to develop inter-personal skills and to grow in patience and love (which are Godly Virtues) than here at Dare Challenge.

In the classroom (academic and spiritual), you will be required to participate up to your ability. Please don't let this scare you if you are not real confident in your learning ability. Many of the students have difficulty with reading, writing, and spelling. The staff is available to help.

General Policies

- RESPECT YOUR COMMITMENT TO GOD AND THE PROGRAM
- RESPECT YOURSELF
- RESPECT OTHERS
- RESPECT THE PROPERTY

- 1) All local laws must be kept.
- 2) Possession of drugs, alcohol, tobacco, materials, or weapons of any kind, including knives and scissors are prohibited.
- 3) By virtue of your enrollment in Dare Challenge, you have agreed to submit (live by) the rules of the program. 24-hour supervision is maintained.
- 4) Everything here is God's property and you are expected to treat it as such. Only staff is permitted to operate equipment including air conditioners, heaters, fans, sound equipment/instruments. You are expected to protect, maintain, and conserve the building, van, all equipment, and the utilities.
- 5) The Bible teaches us to put off the flesh (old way of living) and not put stumbling blocks before others. Therefore, bragging about your past life and talking or singing about counterculture (drugs, rock and roll, partying, sexual experiences, etc.) is prohibited. Furthermore, the staff reserves the right to dispose of or send home any personal items that might hinder the successful attainment of the above in your life or in the lives of those around you (all drug related articles are prohibited – posters, shirts, incense, etc.).
- 6) Everyone must follow the daily schedule and be on time to each activity. If tardiness is unchecked it leads to poor habits so it will result in disciplinary action.
- 7) Morning Prayer is a time to seek and talk with God. You are to be kneeling in the prayer room. You should not be writing letters or studying for your test at this time. Prayer lists are encouraged.
- 8) You are not allowed to have money on you or in your belongings at any time. All money, wallets, and luggage will be stored in your name in the Administrative Office. If you desire to know the amount in your account or need personal items, a staff person will purchase them for you after a Student Request Form is filled out and turned in.
- 9) The following are not permitted at Dare Challenge: cell phones, candy (except individually wrapped mints), gum, vitamins, vehicles, radios, CD's, iPod, tape players, TV's, flashlights, reading lamps, and personal cups. In addition, personal books, magazines or any other printed material is not permitted. Only a Bible, devotionals, and the teaching materials that are provided by Dare Challenge are allowed. You are allowed to have a "clear" water bottle for water only. This bottle must have your name on it and must stay in your room or with you at all times.
- 10) 1st month students are not permitted to be together in pairs either on or off campus and must be in the company of 2nd, 3rd, or 4th month students at all times.
- 11) Lying on the entrance application may be grounds for dismissal.

Administration Office

- 1) The administration office is for taking care of business and is frequented by visitors. Therefore, all students are asked to be considerate and quiet.
- 2) All needs, questions, appointments, etc. are to be handled through the staff on duty.
- 3) Students are not permitted in the office without permission from the staff on duty.

Medical and Medication

- 1) Outer Banks Dare Challenge is a drug-free facility. Only non-narcotic medication prescribed by a physician and over the counter medicines for minor illnesses provided by Dare Challenge/Teen Challenge will be administered. Vitamins and personal medicines are prohibited.
- 2) All medication will be stored in the administrative office according to state law, and will be given out 10 minutes prior to breakfast, lunch, and dinner unless otherwise prescribed. It is the responsibility of the student and/or his family to provide either the correct amount of medication for the duration of his stay at Dare Challenge or to ensure that refills are obtained and sent to the student. OBDC will not transport student to a doctor's office for the purpose of obtaining refill prescriptions.
- 3) Dare Challenge cannot admit any students who currently have communicable diseases such as, but not limited to: MRSA Staph, TB, Influenza.
- 4) Dare Challenge is not a medical facility; therefore, any major medical problems that may arise while you are here will constitute release from the program and referral to a medical facility of your choice for treatment at your expense.
- 5) If you are sick:
 - You must personally tell the staff on duty to obtain permission to stay in bed.
 - You must remain in bed all day. You will be served cereal & juice for breakfast and soup and crackers for lunch and dinner in bed.

Telephone and Mail Policies

- 1) You may call collect or receive phone calls from your family after two weeks. Special consideration will be given to those who do not have family. Calls are limited to one 15 minute call per week.
- 2) The names, addresses, and phone numbers of your family members or other approved correspondents must be recorded for your file. Mail received from persons not on your approved list, will be returned to sender with permission from student. Mail is given out Monday – Friday at 4:30 pm.
- 3) All calls must be dialed by staff and logged. No third party calls allowed. Phone cards are allowed.
- 4) Phone calls are made on Saturday or Sundays only. On Saturday calls can be made from 10:30am to 5:00pm. On Sundays calls can be made from 2:00pm to 5:00pm. Calls will be made on a first come first serve basis.
- 5) It is your responsibility to hang up the phone at the end of the 15 minutes.
- 6) All incoming and outgoing mail must have a return name, address and will be monitored.

- 7) Incoming mail will be monitored and all students' personal money will be deposited in the students account and kept in the administrative office.
- 8) Girlfriends and Fiancées are not permitted on phone, mail, or visitation lists at any time while you are a student at Dare Challenge.

Visitation

- 1) Visitation is the last Saturday of the month from 9:30 – 5:30 with approved family only after 1 month as a resident in Dare Challenge. Only approved family may visit a maximum of six per visitation. Food can be brought for picnics. No tobacco, cell phones, animals, music instruments, recreation equipment or barbeques are permitted.
- 2) Visitors are expected to follow the general rules. Family members are prohibited from smoking and cigarettes must not be displayed in view of public (dashboards, etc.).
- 3) Visitors must stay in the visiting area on the campus. No visitors are allowed in the dorms or students room. It is the student's responsibility to inform family of the visitation boundaries.
- 4) Visitors are expected to check in any money, personal property, and gifts to the students through the staff person on duty. All money will be kept in the administrative office.
- 5) Inappropriate dress or physical contact between a student and his wife or any visitor is prohibited.
- 6) Students that do not have visitors are not permitted to visit with other families.

Dining Room

- 1) All meals will be served in the dining room at the scheduled times. You are expected to be at all meals on time unless you are laid in sick.
- 2) Each student must eat all the food on his plate. It is unacceptable to throw away food.
- 3) Students are not allowed to share food or drinks (For protection from communicable diseases).
- 4) Only those students having assigned kitchen duties are permitted in the kitchen.
- 5) Students assigned to the kitchen are not to consume food or drink while on duty.
- 6) You are expected to return your plates back to the dirty dish container and throw away your trash. If you make a mess, you are expected to clean up after yourself.
- 7) No food or drinks are allowed out of the dining area.
- 8) If you desire to fast a meal, please notify the staff that is on duty in writing with an explanation of why you want to fast at least one day in advance.
- 9) You must get everything you need for a meal the first time you are in the kitchen. You must ask the staff on duty to return to the kitchen for any reason.

Chapel/Praise & Worship

- 1) Chapel is a time of reverence to the Lord and everyone is expected to participate in worship, focusing your attention on the Lord and those conducting the services. You are expected to dress appropriately, bring your bible, take notes, and be there 5 minutes prior to chapel time.

- 2) The time prior to service is to be used to pray and prepare to seek God.
- 3) Talking during Chapel or leaving is not permitted until service is over.

Dorm

- 1) Absolutely NO ONE is allowed in another student's room or to stand in their doorway.
- 2) At wake-up, you must be out of bed within three minutes. Beds are made before breakfast.
- 3) Rooms must be clean, neat, and organized at all times and may be checked at any time. You will be graded on room cleanliness. You are not permitted to rearrange furniture anywhere at any time. No clothes or any other items are allowed on the bed except bedding materials. Towels or any other items are not to be hung on the bed. Shoes must be in the closet or under the bed. Dressers, night stand tops, and baths should be neat and organized. Where possible, store items away.
- 4) Everyone will be assigned a chore. If chores are not completed properly, you will be required to complete it properly during your own time. All cleaning solution must be mixed by staff only.
- 5) You are permitted to lie on your bed after 9:30pm. Sleeping or lying is not permitted anywhere during the weekday unless you are sick. Devotions are to be done from 9:30 to 10:00pm.
- 6) Family pictures are to be stored in your drawer.
- 7) Students may not share or trade clothing with other students. If you have need for clothing and cannot afford it, you will be allowed one visit to the Thrift Store.
- 8) If you are the last person leaving a room, you must turn off all lights and fans.
- 9) You are expected to be in your room at 9:30pm and lights are to be turned OFF at 10:00pm. All personal business should be done before the 9:30pm quiet time.
- 10) From 10:00pm until 6:45am you are expected to remain in your room. If you are found any place other than your room or the bathroom, you will be considered off premises without permission. Showers are NOT permitted before wake-up. No talking after 10:00pm.
- 11) No loud talking or congregating to talk in the hallway or bathroom. You may socialize in the living room. You are to be considerate when people are sleeping.
- 12) Bare feet are not permitted at all.
- 13) You must be fully dressed before leaving your room (shirt, pants, socks, and shoes). Bathrobes are required if you are going to the shower.
- 14) Windows and blinds are to remain closed at all times unless approved by staff. You are NOT permitted to walk around in your underwear.

Personal Appearance

The Bible says in Romans 12:2, "and be no more conformed to the patterns of this world." This means no baggy, saggy pants, untied shoes, toboggans, bandanas, or anything else that identifies you with the drug culture.

- 1) Everyone is expected to shower and shave daily before breakfast, using soap. Personal uncleanness will not be tolerated. Showers are to be limited to 5 minutes.
- 2) Your hair must be moderate in length. It cannot be in your eyes, halfway covering your ears, or lying on your collar. Beards are not allowed. You may not give yourself or another student a haircut (including shaving your head), bleach, or dye your hair while at Dare Challenge.
- 3) Clean and appropriate clothing must be worn at all times. Shirt tails must be tucked in and shoes and socks are required at all times.
- 4) White T-shirts are not allowed. Sweat shirts and pants are not permitted in the classroom, chapel, or dining hall. Tank tops and sleeveless shirts are prohibited at all times.
- 5) In cold weather, all students must wear a jacket and appropriate clothing.
- 6) Hats and sunglasses may be worn from protection from weather and sun only and are prohibited in the building.
- 7) Leave your jewelry at home (bracelets, rings, necklaces, etc.). Watches and wedding rings are permitted.
- 8) Ear or Body piercing is prohibited at Dare Challenge.

General Boundaries

- 1) All office, storage rooms, and the kitchen are off limits to students unless assigned to work there. Students that are assigned may be in those areas only during scheduled work times. You must receive permission from the staff on duty to go to office.
- 2) After dark, no one is allowed outside.
- 3) When anyone “appears” on the property, inform a staff member immediately.
- 4) Leaving the grounds or being out of the boundaries without permission is interpreted as a decision to terminate your involvement with Dare Challenge. Breaking this rule will constitute automatic dismissal.
- 5) If a staff member is off duty, do not knock on their bedroom door. Ask the staff member on duty for any of your needs.

Off Campus Activities

- 1) All students must assemble in the classroom 5 minutes prior to the announced departure time for all off campus activities. Please use the restroom before departure time.
- 2) Everyone must stay together as a group. All students sit together. Special permission must be obtained from the staff on duty to leave the group at any time (to use the restroom, etc.). 1st and 2nd month students must be partnered with 3rd and 4th month students. You must always be with a partner. You must never be alone.
- 3) At all services you are expected to focus your attention on those conducting the service. You are not to stare at the people around you.
- 4) Talking during the church services is not permitted. The 15 minutes prior to services is to be used to pray and prepare to seek God.
- 5) Students are encouraged to respond to altar calls. When responding to go forward, tell the staff and they will provide permission. Testimonies are not to be given without approval from the staff. Questions about service text should be directed to staff once we return home.

- 6) Students are not permitted to speak with the opposite sex, visit with, give or receive phone numbers or addresses from anyone they meet during any type of service. To help churches be good stewards of resources, we request that you do not fill out visitor cards, take church pens, bulletins, or raise your hand indicating you are a visitor.
- 7) The dress code for Sunday's includes wearing a white button down dress shirt, khaki dress pants, and dress shoes. All other services you are to wear a black polo shirt, khaki dress pants, and dress shoes (or nice casual shoes, no tennis shoes).
- 8) While traveling in the van, there is to be no spitting out the window, staring at woman, or touching the radio.

Work Ethic Training

- 1) Everyone is expected to be on time for work and put tools away when the job is completed.
- 2) Complete your chores or work assignments to the best of your ability 3 times a day.
- 3) After completing your chore, you are expected to report to your supervisor for another assignment.
- 4) Your work will be evaluated in two areas: Performance and Attitude.

Recreation

- 1) Recreation is an important part of the program and is scheduled for your physical, emotional, and spiritual health. No recreation or sports on Sundays.
- 2) You are required to be on time, to wear tennis shoes and be dressed appropriately.
- 3) You may be eligible to use the weights after 2 weeks during recreation time on Tuesday, Thursday, and Fridays. It may also be used from 1:00 to 4:00 on Saturdays.
- 4) All weights and equipment must be returned to its proper place at the end of recreation time.

Discipline

- 1) All infractions of the rules will be written up.
- 2) Write ups will not always result in disciplinary action but may result in a written warning.
- 3) Minor offenses are violations of any of the policies and procedures such as leaving lights on, tardiness, talking during study hall, etc.
- 4) Major offenses are being out of bounds, using foul language, any verbal or physical threats, or any repeated infraction of any of the policies and procedures.

Standard Disciplines

- Initial written warning
- Loss of recreational privileges. This includes recreational and writing assignments.
- Loss of recreational privileges, see above, writing assignments & 4 hours of work duty on Saturday.
- Loss of privileges for one week, including phone calls and 4 hours of work duty on Saturday.

Visitation will be denied if you are on discipline

- **If a student receives more than three (3) infractions in a one (1) month period, it may result in losing a phone call.**
- **If a student receives more than eight (8) infractions in a one (1) month period, it may result in losing your visit.**

Discipline Policy: You are required to work on writing assignments during recreation until you have completed them. You should be sitting alone and there should be No talking during this time. You must complete your discipline and be informed by staff that you are no longer on discipline.

*****Discipline will be determined
according to the attitude of each individual*****

WITHOUT EXCEPTION, DISCIPLINARY ACTION OR DISMISSAL WILL BE TAKEN FOR INFRACTIONS OF THE FOLLOWING REGULATIONS:

- 1) The use of tobacco.
- 2) Going outside the boundaries of the campus.
- 3) Taking anything that does not belong to you.
- 4) Verbally or physically threatening anyone or being involved in a fight.
- 5) Repeated infractions of any of the guidelines and expectations or use of drugs or alcohol will subject you to dismissal.
- 6) Disrespect to any staff member.

Academic Discipline Policy: You are required to study during recreation until you have completed the studies you are behind in or passed the next class. You should be sitting alone and there should be NO talking during this time.